

WALKS – SATURDAY 15 April

Long walk: Benbulbin & Glencar

Starting at Luke's Bridge we'll climb to Benbulbin Head, continue over the Glencar Escarpment, on to the Bog Road before descending to Glencar. Distance: 17 km approx. Height: 526m. Duration: 6-7 hours.

Medium walk: Benbulbin

Starting at Luke's Bridge we'll climb to Benbulbin Head, enjoy wonderful views over Sligo and Donegal Bays before heading back to Luke's Bridge. Distance: approx. 10k. Height: 526m Duration: 4-5 hours.

**DINNER 6pm at The Glens Centre
Manorhamilton followed by talk with
Manchán Magan, 8pm**

WALKS – SUNDAY 16 April

Long walk: Truskmore.

We start near Eagle's Rock, climb to Tievebaun, on to Truskmore and Glencarbury, traversing the Glencar plateau before returning to the teaSHED. Distance 11.5km approx. Height: 647m. Duration: 5-6 hours.

Medium walk: Tievebaun.

Starting near Eagle's Rock, we'll climb to Tievebaun and Truskmore. Following the main road we'll meet the bog road at Dooneens and descend to Glencar. Distance: 10km approx. Height: 611m Duration: 4-5 hours.

SUNDAY RAMBLE

Starting from Glencar Lake we'll follow a path towards Dooneens. There's a climb at the start but at an easy pace. We'll stop for a cuppa, then walk through wild heather before returning via Hudson's Rd. Enjoy great views of Sligo Bay, Truskmore and Glencar Valley. Duration 3 - 3.5 hours. Distance: 7km. Height: 270m. Not suitable for children under 12.



**Soup at Glencar teaSHED from 2.30pm
after the ramble and all walks on Sunday.**

Walks will take place in the Glencar area, however, actual routes may change depending on weather conditions.

CLICK HERE FOR UPDATES ON WEBSITE

NOTE: Walking can be hazardous, participants do so at their own risk. Walkers must wear walking boots/shoes, suitable clothing, carry own food for lunch, drink and first aid. Walks not suitable for dogs.

REGISTRATION at Glencar teaSHED

[Directions to the teaSHED Glencar](#)
Parking available opposite teaSHED
beside Glencar Waterfall.



	Registration	Departure
Long Walks:	9 - 10 am	10 am
Medium Walks:	10 - 11 am	11 am
Sun Ramble:	10:45 am	11 am

Fees

Long/medium walks for 1 day: €15;
Two days: €25
Sunday ramble: adult: €10; children free.
Fee includes transport to walks, refreshments at registration; soup/bread after Sunday walks

**Dinner at the Glens Centre, 6pm: €15
Talk by Manchán Magan: €5**

Tickets for walks & Saturday meal are only available at registration. (We have no facilities for advance bookings).

The Festival is organised by the **Holey Soles Hill Walking Club** with generous support from:



Castle Street Sligo. 071 914 6905
www.callofthewild.ie



Shannonside Retail Park, Carrick-on-Shannon. 071 9616660
www.trailblazers.ie

ACCOMMODATION

Visit the website

<https://sites.google.com/site/hshellwalkers>
for a list of accommodation providers



MANCHÁN MAGAN

The Glens Centre, Saturday 8pm

Manchán, well known travel writer and documentary maker, will entertain us with tales of his adventures from the Himalayas to the Amazon! Open to the public - €5 adm.

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The Holey Soles Hill Walking Club

E-mail: northleitrimwalking@gmail.com
[The Holey Soles Hill Walking Club - Facebook](#)
<https://twitter.com/GlensWalkingFes>

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We operate a 'Leave No Trace' policy in order to care for the hills. All walkers are expected to comply and bring their litter home.

North Leitrim Glens Hill Walking Festival

Easter Weekend
Sat 15 & Sun 16 April 2017

Glencar, Co. Leitrim



Taking you to

Benbulbin and Truskmore

The best walks in the North West!